



LUNCH

Starters

Fresh Mozzarella Bruschetta Crostini tomato bruschetta on baguette with fresh mozzarella12

Meatballs Marinara jumbo meatballs simmered in marinara with garlic crostini10

Blackened Chicken or Steak Quesadillas cheddar jack cheese, sweet peppers & caramelized onions..11

Pork Pot Stickers served crispy with arugula salad and sweet chili sauce9

Jumbo Fried Chicken Wings bone-in or boneless, celery & carrot sticks, bleu cheese dressing11
choice of: buffalo, bbq sauce, citrus teriyaki glaze

Buffalo Egg Rolls with blue cheese dressing and buffalo sauce9

Crab Cakes with chipotle aioli and lemon greens salad12

Fish Taco fried cod in flour tortillas with jalapeño slaw, avocado and lime cilantro aioli13

Fried Calamari buttermilk-marinated, cornmeal coating, banana peppers, marinara.....11

Shrimp Martini four extra-large shrimp, baby greens, Absolut citron cocktail sauce, fresh lemon.....13

Soups

New England Clam Chowder cup 5 bowl 7

Five Onion Soup Gratinée bowl 7

Chili & Cheese bowl 7

Salads

Sterling Greens romaine, baby greens, grape tomato, cucumber, carrot, onion, crouton.....8

Caesar romaine, traditional caesar dressing, croutons, shaved parmesan.....9

Spinach & Arugula Salad Vermont chevre, toasted pine nuts pomegranates vinaigrette.....12

Sterling National Cobb romaine, iceberg, bacon, tomato, cucumbers, avocado, hardboiled egg,
red onions, blue cheese, chipotle ranch dressing11

North Country grilled apple, baby greens, dried cranberries, candied walnuts,
crumbled chevre, maple-cider vinaigrette9

Sterling Wedge iceberg, apple-smoked bacon, tomatoes, cucumbers, red onion, crumbled blue
cheese with ranch or blue cheese dressing10

add: Seared Salmon...7 Three Grilled Shrimp...9 Tuna Salad...5 Grilled Chicken...6 Steak Tips...8

Pizza

14" hand-stretched, grilled to crispiness

Margherita fresh and grated mozzarella, basil and house pizza sauce13

Portobello creamy white sauce, spinach, caramelized onion, mozzarella, blue cheese14

Steak Bomb roasted garlic cream sauce with peppers, onions, mushrooms, cheddar jack cheese16

Chef's Pizza Special indulge in our chef's creative side.....15

*Please notify your server of any dietary restrictions or allergies prior to placing your order.
Ask about our Gluten-free selections.*



Sandwiches

*All sandwiches are served with a choice of house made potato chips, fresh fruit or french fries
sweet potato fries or onion rings*

Classic Turkey Club	
served on wheat or white bread, swiss, lettuce, tomato, apple smoked bacon, mayonnaise.....	12
Corned Beef or Turkey Reuben	
on marbled rye, sauerkraut, swiss cheese, thousand island dressing.....	13
Chicken Caesar Wrap	
grilled chicken, romaine, shaved parmesan, caesar dressing.....	11
Sterling BLT	
fried tomatoes, bacon, iceberg, pesto mayonnaise on toasted wheat or white bread.....	12
Buffalo Chicken Wrap	
chicken tenders or grilled chicken, lettuce, tomatoes, crumbled blue cheese.....	12
Chicken Parmesan Sandwich	
on toasted sub roll, marinara, parmesan, mozzarella.....	12
New York Strip Sandwich	
Open faced on sub roll with fresh mozzarella, roasted peppers, pesto, onion rings.....	18
Cheesesteak Sandwich	
peppers, onions, cheddar jack cheese, classic sub roll.....	14
Meatball Sandwich	
marinara, mozzarella, parmesan, toasted sub roll	11
Half Pound Angus Burger or Vegan Beyond Burger	
served on toasted brioche roll or in wrap, lettuce, tomatoes, onions, dill pickles	13
choice of swiss, cheddar, blue cheese, American, smoked gouda, chevre toppings; fried egg, bacon, mushrooms, roasted peppers, caramelized onions.....	1
Grilled Jumbo Hotdog	
on toasted roll, with choice of onion, mustard, relish or ketchup	9
Fried Fish Sandwich	
battered cod on brioche roll, tartare sauce, cole slaw, onion rings.....	13
Tuna Grilled Cheese	
on white or wheat bread, swiss cheese, heirloom tomatoes, baby arugula	12

Main Course

Tenderloin Tips	
With grilled vegetables, pesto sauce over rice pilaf.....	19
Baked Haddock	
seasoned cracker crumbs, white wine, lemon, butter, rice pilaf, summer vegetable medley ...	21
Chicken Parmesan	
marinara, parmesan, mozzarella, broccoli, penne	20

Dessert

your server will recite our specialty desserts

Hamburgers are cooked to customer's request. Consumption of raw or undercooked foods of animal origin may increase your risk of foodborne illness. Consumers who are especially vulnerable to foodborne illness should eat food from animals thoroughly cooked. Menu items may be prepared with peanut, walnut or other oil extracts as well as shellfish. Sensitivities and allergies to these and other foods may occur among individuals. Children twelve years of age and under must be served well done burgers.