

Dinner Menu

SOUP AND SALAD

Clam Chowder **Soup du Jour**
Cup - 5. / Bowl - 9. Cup - 4. / Bowl - 8.

Caesar Salad

Romaine, Parmesan Cheese, House Made Croutons,
Creamy Caesar Dressing
8 sm 11 lg

Garden Salad

Mixed Greens, Cherry Tomatoes, English Cucumber,
Red Onion, Shredded Carrots, Balsamic Vinaigrette
Dressings: Ranch, bleu cheese, honey mustard,
1000 island, Italian, balsamic and peppercorn
8 sm 11 lg

Cobb Salad

Autumn Greens, Hard Boiled Eggs, Bacon, Tomato, Red
Onions, Cucumber, Blue Cheese, Ranch Dressing
13

The Sand Wedge

Iceberg Lettuce, Smoked Bacon, Red Onion, Cherry
Tomato, Cucumber, Blue Cheese Crumbles, Blue Cheese
Dressing & Balsamic Glaze
12

Strawberry Salad

Mixed Greens, Strawberries, Sliced Grapes, Dried Cranberry,
Candied Walnuts, Goat Cheese, Honey Vinaigrette
11

Fall Harvest Salad

Baby Kale, Diced Apples, Toasted Almonds, Farmers Cheese,
Dried Cranberries, Roasted Butternut Squash, Balsamic Dressing
12

Salad Add Ons

Chicken 6 Steak 14 Salmon 11 Shrimp 3pc 12 Yellowfin Tuna 9

STARTER

Shrimp Cocktail 4p

Poached Jumbo Shrimp, Cocktail Sauce, Lemon
16

Toasted Raviolis

Hand Breaded Raviolis, Homemade Tomato Sauce,
Parmesan Cheese
13

Maple Bourbon Sweet Fries

Sweet Potato Fries, Crispy Bacon Maple Bourbon Glaze
11

El Nachos

Corn Tortilla Chips, Scallions, Black Beans
Sliced Cherry Peppers, Cheddar Cheese,
Ranch
14

Add Chicken 3 Add Short Rib 5

Mediterranean Plate

Roasted Red Pepper Hummus, Herb Hummus, Tabbouleh,
EVOO, Grilled Naan Bread, Cucumber, Celery, Carrots
14

Back Nine Wings

Bone-in or Boneless Chicken Wings Served with Choice
of Buffalo, BBQ, Thai Sweet Chili
15

Fried Brussel Sprouts

Crispy Brussel Sprouts, Applewood Smoked Bacon,
Balsamic Glaze, Parmesan Cheese
14

Fried Mozzarella

Fried Mozzarella, Homemade Red Sauce, Parmesan
Cheese
13

BURGERS & SANDWICHES

The Common Burger

American, Lettuce, Tomato, Red Onion on a
Toasted Brioche Bun
16

Diablo Burger

Pepper-Jack, Lettuce Tomato, Red Onion, Cherry
Peppers, Sriracha Aioli on a Toasted Brioche Bun
17

Truffle Mushroom Burger

Swiss Cheese, Bacon, Sautéed Mushrooms, Garlic-
Truffle Aioli on a Toasted Brioche Bun
18

Chicken Parmesan Sandwich

Breaded Chicken Breast, Brioche Bun,
Shredded Fresh Mozzarella, Marinara
17

Classic Turkey Club

Turkey, Bacon, Lettuce, Tomato, Mayo,
between 3 Slices of White Bread Toasted
17

Lamb Burger

Garlic Rubbed Lamb Patty, Tzatziki, Lettuce,
Tomato, Red Onion, Toasted Brioche Bun
18

burger add on bacon \$2 caramelized onions \$1 sautéed mushrooms \$1
choice of 8oz angus beef, 8 oz turkey burger, or Beyond Burger

STERLING NATIONAL

ENTRÉE

PIZZA

- Meatball** 17 House Made Meatballs, Red Sauce, Ricotta, Shredded Mozzarella & Basil
Crispy Bacon 15 Homemade Tomato Sauce, Shredded Mozzarella, Crispy Bacon
Vegetable 14 Red sauce, Peppers, Onions, Broccoli, Black Olives, Garlic Oil Shredded Mozzarella
Pepperoni 15 Pepperoni, Red Sauce, Shredded Mozzarella
Chicken Parmesan 17 Crispy Chicken Breast, Red Sauce, Shredded Mozzarella
Margherita 15 Tomato Sauce, Diced Tomato, Fresh Mozzarella, Basil, Balsamic Glaze
 Gluten Free Cauliflower Crust Available

STERLING'S GRILLE

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| <p>Guinness Braised Short Ribs
 Sweet Potato Puree, Roasted Brussel Sprouts,
 Topped with Fried Onions
 34</p> <p>Bourbon Steak Tips
 Half Pound of house Marinated Steak tips, Red Bliss
 Mash potato, Roasted Brussel Sprouts
 29</p> <p>Boston Baked Cod
 Northern Atlantic Cod, Ritz Crumble Topping,
 Paired with Broccoli Rabe & Baked Sweet Potato
 24</p> | <p>Maple Brined Pork Chop
 Bone in Maple Brined Pork Chop, Served with Roasted
 Butternut Squash, Mash Potato and an Apple Chutney
 25</p> <p>8oz Filet
 8oz Grilled Filet, Red Bliss Mash Potato, Sautéed
 Broccolini, Red Wine Demi-Glaze
 39</p> <p>Grilled Salmon
 Grilled Atlantic Salmon, Sautéed Baby Kale, Ancient
 Faro, Red Pepper Coulis
 27</p> |
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Chef's Specialties

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| <p>Pappardelle Bolognese
 Veal, Pork, Beef, Tomato & Basil Ragout tossed
 with Fresh Pappardelle Pasta topped with
 Parmesan-Reggiano Cheese
 24</p> <p>Chicken Parmesan
 Crispy Chicken Breast, Red Sauce, Melted
 Mozzarella over Penne
 25</p> <p>Spaghetti Squash Ratatouille (V)
 Baked Spaghetti Squash, Tomato, Roasted
 Eggplant, Fresh Herbs
 19</p> <p>Sausage & Broccoli Rabe
 Sautéed Ground Sausage & Broccoli Rabe, Garlic
 White Wine Sauce, Parmesan, Penne
 25</p> <p>Vegetable Stir-Fry (V)
 Stir Fry Vegetables, Teriyaki Glazed served over
 Jasmine Rice
 21</p> <p>Stir-Fry Add Ons
 Chicken 6 Steak 14 Salmon 11 Yellowfin Tuna 9</p> | <p>Shrimp Scampi
 Sautéed Shrimp, Garlic-lemon-white wine sauce,
 roasted cherry tomatoes, basil, over linguini
 29</p> <p>Cajun Chicken Alfredo
 Pan Seared Chicken Breast, Creamy Cajun
 Parmesan Alfredo Sauce, served with Linguini
 24</p> <p>Butternut Ravioli
 Roasted Butternut, Toasted Walnuts, Hazelnut-
 Mascarpone Sauce
 21
 Add Chicken 6</p> <p>Fall Risotto (V)
 Roasted Butternut Squash, Brussel Sprouts, Baby
 Kale, Fresh Herbs, Balsamic Glaze
 22</p> <p>Chicken Pot Pie
 Creamy Chicken Pot Pie, Topped with Fluffy
 Puff Pastry
 21</p> <p>Short Rib Tacos
 Three Hard Shell Tacos, Braised Short Rib,
 Diced Onion, Cilantro, Chipotle Aioli
 19</p> |
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Additional Enhances 6

Mash Potato, Baked Sweet Potato, Roasted Brussel Sprouts, Roasted Butternut Squash, Broccolini, Parmesan-Herb Risotto, Truffle Fries, Jasmine Rice

*This item is raw or partially cooked and can increase your risk of food borne illness. Gluten Free Menus Available
 Consumers who are especially vulnerable to food borne illness should only eat seafood and other food from animals thoroughly cooked