

Gluten Free Menu

SOUP AND SALAD

Soup du Jour

Cup - 4. / Bowl - 8.

Caesar Salad GF

Romaine, Parmesan Cheese, Creamy Caesar

Dressing

8 sm 11 lg

Garden Salad GF

Mixed Greens, Cherry Tomatoes, English Cucumber,
Red Onion, Shredded Carrots, Balsamic Vinaigrette

Dressings: Ranch, bleu cheese, honey mustard,
1000 island, Italian, balsamic and peppercorn

8 sm 11 lg

Cobb Salad GF

Mixed Greens, Hard Boiled Eggs, Bacon, Tomato,
Red Onions, Cucumber, Cheddar Cheese, Ranch

Dressing

14

Power Salad GF

Shave Kale, Radicchio, Brussel Sprouts, Carrots,
Broccoli, Blueberries, Goat Cheese, Raspberry-

Pomegranate Vinaigrette

15

Sand Wedge GF

Iceberg Lettuce, Bacon, Tomato, Cucumber, Red Onion,
Bleu Cheese Crumbles, Bleu Cheese Dressing, Balsamic

Glaze

13

Chef's Salad GF

Romaine, Turkey Ham, Swiss Cheese, Hard Boiled Egg,
Cucumber, Tomato, Ranch

17

Salad Add Ons

Chicken 7

Steak 16

Salmon 12

Shrimp 3pc 12

STARTER

Shrimp Cocktail GF ^{4p}

Poached Jumbo Shrimp, Cocktail Sauce,
Lemon

16

Back Nine Wings GF

Bone-in Chicken Wings Served with Choice of
Buffalo, BBQ, Thai Sweet Chili

15

Fried Brussel Sprouts GF

Crispy Brussel Sprouts, Applewood Smoked Bacon,
Balsamic Glaze, Parmesan Cheese

13

BURGERS & SANDWICHES

The Common Burger GF

American, Lettuce, Tomato, Red Onion on a Toasted
Gluten Free Bun

17

Diablo Burger GF

Pepper-Jack, Lettuce Tomato, Red Onion, Cherry Peppers,
Sriracha Aioli on a Toasted Gluten Free Bun

18

Bacon & Bleu Burger GF

8 oz Angus Beef, Smoked Bacon, Melted Bleu
Cheese, Fig Jam, on a Toasted Gluten Free Bun

18

burger add on bacon \$2 caramelized onions \$1

choice of 8oz angus beef, 8 oz turkey burger, or Beyond Burger

STERLING NATIONAL

ENTRÉE

PIZZA

The Roma GF Pesto, Ricotta, Mozzarella, Parmesan 16

Margherita GF Tomato Sauce, Diced Tomato, Fresh Mozzarella, Basil, Balsamic Glaze 16

Vegetable GF Red sauce, Peppers, Onions, Broccoli, Mushrooms, Garlic Oil Shredded Mozzarella 15

Crispy Bacon GF Homemade Tomato Sauce, Shredded Mozzarella, Crispy Bacon 15

Pepperoni GF Pepperoni, Red Sauce, Shredded Mozzarella 16

Gluten Free Cauliflower Crust Available

STERLING'S GRILLE

Bourbon Steak Tips GF

Half Pound of house Marinated Steak tips,
Red Bliss Mash potato, Grilled Asparagus
32

Grilled Salmon GF

Jasmine Rice, Roasted Carrots
29

8oz Filet GF

8oz Grilled Filet, Red Bliss Mash Potato,
Grilled Asparagus, Red Wine Demi-Glaze
45

Blackened Swordfish GF

Grilled Blackened Swordfish, Red Bliss Mash
Potatoes, Fried Brussel Sprouts, Roasted Tomato
Chutney
31

12oz Bleu Cheese Crusted New York Strip GF

Roasted Fingerling Potato, Roasted Carrots,
Demi-Glaze
41

Baked Haddock GF

Haddock, Jasmine Rice, Grilled Asparagus, Lemon
28

Chef's Specialties

Pappardelle Bolognese GF

Veal, Pork, Beef, Tomato & Basil Ragout
tossed with Gluten Free Pasta topped with
Parmesan-Reggiano Cheese
24

Tuscan Chicken Pasta GF

Seared Chicken Breast, Garlic, Arugula,
Tomato, Parmesan Cream Sauce, tossed with
Gluten Free Pasta
25

Vegetable Stir-Fry GF (V)

Stir Fry Vegetables, served over Jasmine Rice
21
Stir-Fry Add On
Chicken 7 Steak 16 Salmon 12

Shrimp Scampi GF

Sautéed Shrimp, Garlic-lemon-white wine
sauce, roasted cherry tomatoes, basil, over
Gluten Free Pasta
31

Cajun Chicken Alfredo GF

Pan Seared Chicken Breast, Creamy Cajun
Parmesan Alfredo Sauce, served with Gluten
Free Pasta
24

Asian Lettuce Wraps GF

Ice Berg Lettuce, Chicken, Peanuts, Carrots,
Peppers, Onions, Scallions, Sesame Seeds,
23

Spring Risotto GF (V)

Creamy Risotto, Roasted Tomato, Spring
Peas, Parmesan Cheese
22
Add Chicken 7

Additional Enhances 6

Roasted Fingerlings, Grilled Asparagus, Risotto, Mash Potatoes, Jasmine Rice, Roasted Carrots,
Baked Potato, Truffle Fries, Brussel Sprouts